

## 2015 SUMMER INSTRUCTIONAL

## YOUTH SOFTBALL CAMPS

Advanced instructional based camp designed to challenge players in a fun and competitive atmosphere. ALL segments will be instructed by current NCAA softball players & coaches (Instructor/Player Ratio 1:6).

**DESCRIPTION:** Every athlete in attendance will receive ticket vouchers good for any Hounds home game

- ✓ Hitting (Tee work, cages, on field batting practice)
- ✓ Fielding & Throwing (Active drills-Footwork, long-toss, soft hands, cuts & relays, etc...)
- ✓ Base running (Reading ball off bat, steal jumps, sliding)
- ✓ Competitions (skill games w/ prizes)
- ✓ Mental side (talking situations & mind-sets)
- ✓ Controlled daily scrimmage

## **SESSIONS:** COST \$180 per player (non-refundable) – Each week is 12 total hours: \$15 per hour

Ask us about group, team, or sibling discounts

\*\*\* Bring cash or check payable to Dupage County Hounds in full on 1st day with **completed waiver** \*\*\*

**SESSION 1:** June  $30^{th}$  – July  $2^{nd}$  (\* $3^{rd}$  rain-out)

Tuesday – Thursday 10am – 2pm

**SESSION 2:** July 13<sup>th</sup> –16<sup>th</sup> (\*17<sup>th</sup> rain-out)

Monday – Thursday 10am – 1pm

**SESSION 3:** July 27<sup>th</sup> - 30<sup>th</sup> (\*31<sup>st</sup> rain-out)

Monday – Thursday 10am – 1pm

- Open to all ages
- We will divide participants accordingly
  - o By Gender & Age/Skill



LOCATION: Lemont Sports Complex - 131st St & Bell Rd, Lemont, IL 60439